St. Mary of the Visitation Parish, Killybegs Parish Office, Killybegs, Co. Donegal. Tel: +353 (0)74 9731013 Parish Secretary: Ann O'Donnell (Office Open: Mon to Fri. 9.15am to 2.45pm) Email: info@killybegsparish.com Website: killybegsparish.com Parish Priest: Fr. Colm Ó Gallchóir: Tel: 074 9731013/30 Masses and Services: Live streaming www.mcnmedia.tv (link on website)			<ul> <li>Sunday 11th February 2018: Sixth Sunday in Ordinary Time Cycle B</li> <li>Weekday Readings: Sixth Week in Ordinary Time / after Ash Wednesday Cycle 2</li> <li>Saturday 10th February: 07.00pm - Joseph Cunningham (4th Anniversary) Crew of MFV Jack Buchan: Georgie Buchan, James White, John Byrne, Denis McClafferty, Benny Armstrong (60th Anniversary)</li> <li>Sunday 11th February: 09.00am - Edward &amp; Nora Leslie (Anniversaries)</li> </ul>			
	A Blessing for Lent         Thank you. Lord,         for the blessing of optimism         at the beginning of my         Lenten journey         Thank you, Lord,         for the blessing of remembering         that you are with me at every step         Thank you, Lord,         for the blessing for those         who will encourage me         and walk with me as you do.         The Season of Lent 2018         •         The Season of Lent begins this week on Ash         Wednesday. Masses at 10am & 7pm, with         distribution of ashes after the Gospel. Ashes will be         left in the Church on Ash Wednesday in front of the         altar. Feel free to call in and bless yourself with these	First Communion Do This in Memory Celebration: today Sunday 11am. Parish Finance Committee meets tomorrow, Monday 12th February, 8pm	Monday Tuesday Ash Wednesday	<ul> <li>11.00am - Charles O'Donnell (3rd Anniversary)</li> <li>12th February: 10.00am - Special Intention (Thanksgiving)</li> <li>13th February: 10.00am - Special Intention</li> <li>14th February: 10.00am - Ellen Helferty R.I.P.</li> <li>07.00pm - Special Intentions</li> </ul>		
		Board of Management Meeting Commons N.S. Tuesday 13th Feb 4.30pm.	Thursday Friday Saturday	<ul> <li>15th February: 10.00am - Deceased Cunningham family, Ballyara 07.00pm - Stations of the Cross</li> <li>16th February: 10.00am - Special Intention 17th February: 07.00pm - Maggie McTeague (Anniversary), John &amp; Helen McBrearty (Anniversaries)</li> </ul>		
		Cara Pharmacy Annual Charity Pancake Tuesday Event in store and all proceeds to Killybegs Cancer Support Group. Any donations would be greatly appreciated. All welcome.Katie & Jim McBrearty (Anniversar to SundayAll welcome.Sunday18th February: 09.00am - Tara McGuinness (Anniversary) 11.00am - Annie Heraghty (1st Anniversary) Adoration: Sunday 6pm to Monday Midnight Confessions: Saturday 6.30pm				
		Lost *Man's Wedding Ring *Man's Watch If found, please ring Parish Office Mental Fitness and Well-being Course in the Pastoral Centre, Letterkenny. Learning how to face your feelings of anxiety and depression? This is a course which will help you to improve your mental health and well-being. Starts Wednesday 7th March 7.30-9.30pm, 4 weekly sessions. Some techniques of anger management will be included. Course fee is €90/€60 concession. A deposit of €20 is required and fee needs to be paid in full before the first evening. The facilitator is Kathy O'Connor. Classes are open to all adults. Numbers limited.	Rosary/Divine Mercy: Tuesday 6.30pm in Adoration Room. Pray for those who died recently: Annie Olsen, whose funeral was in Denmark yesterday, Saturday (sister of Brid McGuinness, Nora Bonner, Joan McGuinness, Lucy Lowney, Dinny Byrne). Pray for: Paddy & Mary Haughey. Suaimhneas Sioraí.			
<ul> <li>During Lent there will Tuesday mornings.</li> <li>Stations of the Cross or</li> </ul>			Donegal Special Collectio	Olympics Annual Church Gate on 17th & 18th February. days at 9pm in Foresters Hall.	Blessed Sacrament Adoration 11th February - Maureen Cunningham 18th February - Mary Gallagher	
	motto for Lent 2018 is: Until LOVE conquers FEAR: 'We believe love is the only thing powerful enough to conquer fear, and our commitment to justice and dignity will continue until fear ends and love prevails. Together we can make a difference. Together we can transform lives. Together we can conquer fear.'		Special Valentine Bingo on this Monday, with Champagne & Roses to be won. Everyone welcome. Bring a friend. Coffee Morning in aid of Beaumont Hospital		Sunday Collection $€1,255.00$ Restoration Fund $€1,255.00$ Envelopes 3rd & 4th February $€1,420.00$ Standing Orders for November $€1,485.00$ Standing Orders for December $€$ 845.00Total Restoration Fund: $€2,901,003.43$ Benefit Dance for Stephan McGowan, Kilcar,	
			Foundation in Tara Hotel on Thursday 15th February 10am-1pm. Hosted by Evelyn Harvey Cassidy.			
• Walk With Me: A Lenten Journey of Prayer €2. Place donation in either of the money boxes in porch.		More info: Pastoral Centre 074 91 21853 Want to get fit & active Exercise class on Thursdays in the Voc. School Gym at 7pm.	Niall Mór Centre 9741863 Ring to book a place Mid Term Kids Camp: Kids Mid Term Holiday Camp Thurs 15th & Fri 16th Feb 10am - 2pm. €25.		son of John the Chef, in Blue Haven on Sat 17th Feb at 10pm. Music Paddy McDevitt & Band.	
	Celebrate St Valentine's Day This year St Valentine's Day is also Ash Wednesday. Pope Francis invites couples (in his document The Joy of Love) to grow in love and to help their children to prepare for their future married life. With this in mind, and inspired by the World Meeting of Families in August, the following resources are available, free of charge, on a table by the	Framily Walk Sundays for next 4 weeks	Zumba for Kids: for 6 weeks Thurs 8th Feb €30 5-8 yrs 3:45 - 4:30pm <i>Pilates:</i> Mon 12th Feb for 5 weeks. Ladies 8-9pm, Men 9-10pm. Tel Martina: 0863846302 <i>Safepass Course:</i> Sat 3rd March, 8am-5pm, €110.		<b>The Yoga House</b> New block starts Monday 12th Feb at 6.30pm. Text/ring 087 2066464.	
		from Voc School Gym at 3pm. Donations to Clara House Sensory Suite.			The Power of Positive Thinking for Women. 4 week course, Tues 13th Feb, Inver Comm Centre 7.30-9.30pm. €65 Tel: 0879031389	
<ul> <li>A St Valentine's Day Card (with a prayer)</li> <li>A St Valentine's Day Token Book: novel ideas to celebrate love / a prayer for those seeking a spouse</li> </ul> National Franciscan Pilgrimage Holy Land 5th-13th October Contact: Premier Travel. Tel. 021-4277700		North West Simon Community Host A Tea & Cake Day Thurs 22nd Feb. Tel: Collette 074 9121613 / 087 0552438. E: collette@northwestsimon.ie / www.northwestsimon.ie	Áislann Centre, Chill Chartha 074 9738376 Fáilte Ireland's Welcome Standard Workshop on Thursday 22nd February in Bayview Hotel, 12 noon-2pm, to explain the guidelines and application process on how to become approved to Fáilte Ireland's Welcome Standard. For more info: Máire Áine Gardiner 086 6057313 maireaine.gardiner@failteireland.ie		Killybegs Women's Group The Belarus Appeal Lorry is coming to Killybegs collecting for the Vesnova Orphanage & others in Belarus. We are appealing for goods that are clean and in good condition. Drop off at	
		The Christian ideal, especially in families, is a love that never gives up. Pope Francis			Mooney's old shop on Thursday 15th February 4-5pm. Check our Facebook page for more info.	