

St. Mary of the Visitation Parish, Killybegs

Parish Office: Mon to Fri. 9am to 3pm. Tel: 074 9731013

Parish Secretary: Ann O'Donnell

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Parish Priest: Fr. Colm Ó Gallchóir: **Tel: 074 9731030**

Masses and Services: Live streaming on www.churchservices.tv



Save this date! A special fund-raising evening is being arranged in aid of St Mary's Restoration Fund on Thursday 30th October, a fun evening with dinner and entertainment. Full details next week. Make a note of the date!

Donegal Hospice Remembrance Service at the Irish Martyrs Church, Letterkenny on Sunday 28th September at 4pm.

Irish Catholic Catechism for Adults

- This is a new publication which presents the Catechism with a contemporary Irish audience in mind.
- It is geared at adults who are looking for a clear and simple explanation of what Catholics believe.
- It is divided into four parts: Creed, Sacraments, Christian Morality and Prayer.

Each chapter begins with a 'story of faith', featuring many notable figures from Ireland, such as St Patrick, Edmund Rice, Catherine McAuley, Matt Talbot, Nano Nagle and many others. Their lives or actions illustrate a particular Catholic teaching. It outlines how Catholics pray and outlines different details of Catholic life. Check online on www.irishcatechism.ie. Copies in Parish Office €24.99.

Retreat at Ards Friary Tel: 074 91 38909

Sat 4th October: St Francis of Assisi, a man of peace, love and freedom. 9.30am - 5pm. €35.

Suicide prevention and promoting Mental Health is everyone's business. The HSE, in partnership with other organisations, is developing a Suicide Prevention Action Plan for Co. Donegal, working with the National Office for Suicide Prevention. It is important that as many people as possible have their say about what should be included in the plan. There are two ways you can share your thoughts:

- pick up one of the postcards from your local GP surgery or Family Resource Centre and complete the questions and post it back to us
- respond to the online survey www.surveymonkey.com/s/donegalsuicideprevention. There are also 5 workshops around the county taking place in September. For south Donegal: *Family Resource Centre, Donegal Town on Monday 29th September 6.45pm - 9pm*. Everyone is welcome to attend and share their thoughts. There is no need to book.

A thought...
*To forgive is to set a prisoner free
and discover that the prisoner was you*

Congratulations and Best Wishes
to Charleen Gallagher and J.J. Byrne
who were married recently.

A Triduum for the Feast of St Padre Pio.
Franciscan Friary, Rossnowlagh, Saturday
20th - Tuesday 23rd September.
Mass, Homily & Blessing with Relic at 7.30pm

Sincere Thanks

The Murray Family wish to sincerely thank all the dear friends who showed such love and concern for Georgie during his recent illness. Your Masses and prayers pulled him through the ordeal. God reward you all. Holy Mass will be offered for your intentions.

Night Classes in St. Catherine's Voc. School
Enrolment Night: Monday 15th September
6.30pm - 8.30pm. Classes offered are:
Flower Arranging - centre pieces, special occasions, seasonal displays. (Materials €15)
Home Improvement DIY (changing locks, shelving, laying floors)
Cookery, Singing for Adults, Painting, Begin Sewing, Beauty and Make up, Intermediate Computers and the Internet
Classes start Tuesday, 23rd September.

Yoga Classes for 6 weeks starting 18th September in the Niall Mór Centre. Mixed gender intermediate from 6 - 7.15pm and ladies beginners 7.30-8.45pm. €50 for 6 weeks / €10 drop-in discount for students. Call/txt Zia 087 6463956

Killybegs Community Care
Care of the Aged Church Gate Collection raised €680. Thanks to the collectors and all who contributed.

Irish Heart Foundation Church Gate Collection on 27th & 28th September

Margaret Cunningham's Hospice Coffee Morning Thursday 18th September
10am - 2pm at her home in Kille, Kilcar.

- **Sunday 14th September 2014: The Exaltation of the Holy Cross (Cycle A)**
- **Weekday Readings: 24th Week of Ordinary Time (Cycle 2)**

Saturday	13th September:	07.00pm - Úna Cunningham (4th Anniversary)
Sunday	14th September:	09.00am - Con & Mary & Martin Callaghan (Anniversaries) 11.00am - Bridget McBrearty & Paddy Heekin (Anniv)
Monday	15th September:	10.00am - Tom Carr (Anniversary)
Tuesday	16th September:	10.00am - Special Intention
Thursday	18th September:	10.00am - Special Intention
Friday	19th September:	10.00am - Special Intention
Saturday	20th September:	07.00pm - Eugene McCloskey (1st Anniversary)
Sunday	21st September:	09.00am - Patsy Haughey, Inver (Anniversary) 11.00am - Deceased members Burke & Maloney Families, Fintra Rd

Confessions: Saturday 6.30pm
Adoration: Sunday 6pm - Monday midnight.

Please note: Mass on Tuesday 10am,
No Mass on Wednesday

Pray for those who died recently: Tam Nolan, Scotland, (nephew of the late Jim McBrearty, Commons). Pray For: Peter Murrin, Patsy Haughey, Inver. Suaimhneas Síoraí.

Self Management Programme Be your own epilepsy expert.

Epilepsy Ireland, North West, will start a 6 week self management programme which includes Sharing Experiences, Interactive Group Environment, Peer Learning.
Start Date: 6th October 7pm - 9.30pm.
in Epilepsy Ireland Office, Letterkenny.
For more info tel: Agnes Mooney
074 9168725 / email amoooney@epilepsy.ie

A bus to Knock on Sunday 28th September for Legion of Mary Day. Tel: McBrearty's 074 9731056

25 Card Drive resumes in Old Commons School on Thursday 18th September 8.30pm. All welcome.

Margaret Connell, Foot Health Practitioner will attend the Family Health Centre on Wednesday 17th September. For appointments tel: 087 1417180

Niall Mór Centre 074 97 41863

Call to book your place.
After School Grinds for Leaving Cert starting October. Payment plan available.
Beginners Spanish 8 week Class starting Oct / Nov.
Pilate Class starting Wed 1st Oct 8pm - 9pm.
Beginners and Improvers Yoga class starting 17th September for 8 weeks.
J C Fitness Classes Monday to Saturday. Tel: John 087 9617436.
Counselling Service for Women Tues & Wed. Tel: Brid 07491 24985.
ASEA Can Improve Your Health meeting 15th September 8pm - 9pm. All welcome.
Team Hope Christmas Shoe Box Appeal
Please drop off boxes before 10th Nov.

Blessed Sacrament Adoration
14th September - Celia Doherty
21st September - Elis McMorrow

Sunday Collection	€ 1,595.00
Restoration & Development Fund:	
Envelopes 6th & 7th September	€ 1,715.00
Donation for Murillo	€ 50.00
Total Fund:	€2,252,818.38

Thank you for your continued generosity.

Would you like to feel fitter & healthier?
Discover how ASEA can improve your health.
Meeting in Niall Mór Centre
on Monday 15th September 8pm. All Welcome.

Bay View Hotel & Leisure Centre
Children's Swimming Lessons
To enrol children over 6 years for swimming lessons tel: 074 9731950.

Safe Pass Course: There are still a few places left for the next course in Áislann Chill Chartha on Saturday 4th October. Tel: 074 9737376

James Kilbane Country Gospel Concert
at 7.30pm on Sunday 5th October in
Ards Friary. Tickets €15. Tel: 074 9138909

The Irish Heart Foundation is seeking nominations for the 5th Annual "Life after Stroke" Awards. These awards celebrate the exceptional determination and courage of Stroke Survivors and their Carers. If you know someone who has been affected by stroke please nominate them at www.stroke.ie or call Emma-Jane Morrissey on 01 6685001. Closing date for entries is 19th September.