St. Mary of the Visitation Parish, Killybegs Parish Office: Mon to Fri. 9.15am to 2.45pm. Tel: 074 9731013 Parish Secretary: Ann O'Donnell Email: info@killybegsparish.com Website: killybegsparish.com Parish Priest: Fr. Colm Ó Gallchóir: Tel: 074 9731030 Masses and Services: Live streaming on www.churchservices.tv



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St Brigid's Blessing May no fire, no flame burn us. May no lake, no sea drown us. May no sword, no spear wound us. May no king, no chief insult us. May all the birds sing for us. May all the cattle low for us. May all the insects buzz for us. May the angels of God always protect us.

First Friday Calls this Thursday and Friday as usual.

The Sacrament of Confirmation 2015

- Meeting for Parents of Confirmation Candidates: this Monday 2nd February 7pm in the Church.
- Enrolment of Confirmation Candidates: Saturday 7th February 7pm. There are 38 Candidates for Confirmation this year
- Celebration of the Sacrament of Confirmation: Sunday 19th April 11am.

First Communion Parents Group meets this Thursday in Parish Office at 8pm.

Ards Friary Retreats

Tel: 074 9138909, Email: info@ardsfriary.ie Sun 8 & Sun 15 Feb: 'Vision' Focusing on the eight beatitudes. Tel:075 9790405 vision-eilish@hotmail.co.uk Fri 20 - Sun 22 Feb: 'Lenten Retreat' directed by Fr Eddie Butler. Residential €140 Non Residential €80 Sun 22nd Feb: 'Lenten Retreat in Irish' Directed by Fr Kieran Shorten through Irish. 10am- 4.30pm. Cost €55 including dinner & refreshments.

Sat 28 Feb: 'God Among The Pots And Pans' - a one day workshop exploring the presence and action of God at the heart of our busy, wonderful, stressful, funny and hectic family lives. Directed by Bairbre Cahill. Cost €30.

Safeguarding Children in the Diocese of Raphoe The Diocese of Raphoe values and encourages the participation of children and young people in parish liturgies and other parish activities. We recognise the need to protect children and young people and are committed to ensuring their safety and wellbeing together with the welfare of those who work with them. We want to create a safe environment where 'all children are heard and valued'. Safeguarding Children policy can be viewed on www.raphoediocese.ie or obtained in the parish office.

No Adoration this weekend Due to adverse weather conditions there will be no Adoration this weekend. Safety first! The Feast of the Presentation Monday 2nd February, Mass 10am with blessing of candles. The Feast of St Blaise Tuesday 3rd February, Mass at 10am, blessing of throats at end of Mass.

> Sacrament of Baptism Congratulations to **Oisín Vince Conor Murphy** Shéa Dowd Noah John Lovett Andrew Cassidy **Bayleigh Maura Babs Donnellan** Aoibheann Maria Collum-Curran **Charlie Kevin Lynch Farrah Ann Shovlin** Leila Danielle Keenev **Ríona Ellen Shovelin**

Anam Cara A Bereavement Information Evening on Thurs 19th Feb 7.30pm to 9.30pm in Dillons Hotel, Letterkenny. Guest speaker: Liam Cannon. All Anam Cara Services are free to bereaved parents. RSVP: info@anamcara.ie by Wed 18th Feb / 014045378.

St Mary's Church on Canvas Two magnificent aerial photographs of St Mary's Church in its beautiful idvllic setting, mounted on canvas, A3 size, €49 each.

Last Man Standing

There were 121 still standing after Week Two. A list of remaining competitors are posted on the window of Parish Office and also on website *killybegsparish.com* (go to *Newsletters*)

Sincere thanks to those who helped with Lourdes Collection last weekend and to those who kindly contributed. €900 was forwarded to Lourdes Pilgrimmage Office in Letterkenny.

Rosary Tuesdays in Meeting Room at 7pm

Accord Pre Marriage Course Donegal Town 20th & 21st March. To book: accord.ie

Sunday 1st February 2015: 4th Sunday in Ordinary Time (Feast of St Brigid) Weekdav Readings: Fourth Week in Ordinary Time (Cvcle 1) . 31st January: 07.00pm - Annie McBrearty & Bridget Harkin (Anniv) Saturday Sunday St Brigid **1st February: 09.00am -** Annie McGuinness (2nd Anniversary) 11.00am - Funeral Mass for Francesco Graglia R.I.P. Helen McBrearty (1st Anniversary) Monday Presentation of the Lord **2nd February: 10.00am -** Sean McBrien, Ballyconnell (Anniversary) **Tuesday** St Blaise **3rd February: 10.00am -** Paddy & Michael Byrne (Anniversaries) Wednesday 4th February: 07.00pm - David Love & Paddy Keeney (Anniversaries) Thursday 5th February: 10.00am - Bernie Keeney (10th Anniversary) Fridav 6th February: 10.00am - Special Intention 07.00pm -Saturday 7th February: 07.00pm - Baby Rían Vince (Anniversary) 8th February: 09.00am - James O'Haire (Anniversary) Sunday 11.00am - Margaret McArdle R.I.P.

No Adoration this weekend: Confessions: Saturday 6.30pm.

Pray for those who died recently: Francesco Graglia, The Moorings, Church Rd, whose Funeral Mass is on Sunday 11am; Hugo McKenna, Emyvale, Co Monagan, (father in law of Caroline Doherty McKenna, Meentullynagarn); Martha Connolly who died in Scotland; Charlie Mc Ginley, Gaoth Dobhair and Dublin, whose funeral was in Dublin on Friday. **Pray for:** Michael McBrearty, Mike Gulvin, Paddy Byrne, Mary Anne O'Donnell, Robert Friel. Suaimhneas Síoraí.

Alzheimers Church Gate Collection on Saturday 7th & Sunday 8th February.	Blessed Sacrament Adoration No Adoration this weekend 1st February - Celia Doherty
Conversational Irish Classes will start for 6 weeks on Thursday 12th February in the Carpet Factory at 7pm - 9pm. Contact Mary 9741968. This class is part funded by Donegal ETB through the community Education Support Programme.	Sunday Collection \in 1,410.00Restoration & Development Fund:Envelopes 24th & 25th January \in 1,630.00Ton of Mackerel \in 5,000.00Standing Orders for Sept \in 955.00
Clothing Collection for Central African Refugees on Sunday 8th February. You are asked to bring any spare clothes, belts, shoes and handbags to the Wee Bar at the Tara Hotel 9am - 2pm.	Standing Orders for Sept $C = 935.00$ Standing Orders for Oct $\in 935.00$ Standing Orders for Nov $\in 1,535.00$ Standing Orders for Dec $\in 955.00$ Total Fund: $\pounds 2,323,123.38$
Jiving, Foxtrot & Quickstep Dance Classes resume in Bay View Hotel on Wednesdays at 8pm. All Welcome.	Niall Mór Centre Tel: 074 97 41863 to book your place Citizen Information Office Mondays 10am -1pm
Grow Meetings Are you feeling isolated, anxious, unable to cope fully, depressed or finding it difficult to get motivated, then perhaps GROW can be of help to you. Grow is a community self help group, totally confidential, non denominational and open to all. No introductions are needed just come along. Meetings are held weekly in Niall Mór Centre on Thursdays at 7.30pm and Donegal Town in Day Hospital on Tuesdays at 8pm. See GROW website or ring Marian in confidence on 1890 474 474.	Letterkenny Women's Centre Counselling Service Tue & Wed. Tel Bried: 07491 24985 Intermediate Spanish class starts Tues 3rd Feb. Stress Control Class 6 week course Basic/Intermediate computer classes I Day Safe Pass Course on 14th February. JC Fitness Classes running Mon - Sat Tel: John 087 9617436 Yoga with Zia every Thursday Zia:087 6463956 Slimming World every Tuesday 4pm - 9pm Weight Watchers every Monday 5pm - 8pm Payroll Course, Occupational First Aid Course, Business Administration Course. Tel 074
Ann's Fitness Classes starting at Forester's Hall, Thursday 5th February. Boxercise 10-11am, €6. Tone & Reshape Class 11.00 -11.30am, €4	91 20500 / southwestdonegalcdp1@gmail.com. Pilates Classes Wednesdays in Tara Hotel
Tone & Reshape Class 11.00 -11.30am, \notin 4 or \notin 9 for both. More info: 086 3238437.	7-8pm. Tel: Karen 087 2822038